## Carbon Monoxide Poisoning

- You can't see it, smell it, or taste it. But it can make you sick and it can kill you.
- My name is Janet Olszewski and I am the Director of the Michigan Department of Community Health.
- Carbon monoxide poisoning causes a headache, dizziness, confusion, fatigue, and nausea.
- Furnaces, kerosene heaters or generators in your home produce carbon monoxide. And in a matter of minutes, deadly fumes can develop in enclosed spaces.
- To prevent carbon monoxide poisoning, buy and install a monitoring system in your home. Have your heating system checked by a professional every fall, and pay attention to any symptoms that may result from poisoning.
- For more information on carbon monoxide poisoning visit our Web site at <a href="https://www.michigan.gov/mdch">www.michigan.gov/mdch</a>.